

ADAPT COMMUNITY NETWORK'S FAMILY CONNECT SUMMIT

SCHEDULE OF EVENTS | Wednesday, April 26th

- 8:30 A.M. – 9:30 A.M. **REGISTRATION**
- 9:00 A.M. – 10:15 A.M. **VENDOR FAIR**
OR
9:00 A.M. – 10:15 A.M. **MORNING SESSION**
[**WORKSHOPS AM-A, AM-B, AM-C, AM-D**]
- 10:30 A.M. – 11:30 A.M. **PLENARY SESSION:**
ACHIEVING CONFLICT-FREE CASE MANAGEMENT
ACROSS THE NEW YORK STATE OPWDD SERVICE SYSTEM
- 11:45 A.M. – 1:00 P.M. **VENDOR FAIR**
OR
11:45 A.M. – 1:00 P.M. **AFTERNOON SESSION**
[**WORKSHOPS PM-E, PM-F, PM-G, PM-H, PM-I**]

WORKSHOPS

MORNING SESSION | 9:00 A.M. to 10:15 A.M. [CHOOSE ONE]

[AM-A.] FRONT DOOR INFORMATION SESSION FOR FAMILIES

Join us for an overview of the Front Door process which is mandatory for anyone entering the OPWDD system, returning to the OPWDD system, or graduating from the Department of Education. This Front Door Session utilizes a person-centered approach ensuring services are the most appropriate for the individual, foster independence, and are integrated into the community. This session will allow 75 parents or family members to participate and will count as a session so that you can fast-track the OPWDD process.

MODERATOR: Carol Lincoln, Director of Medicaid Service Coordination, ADAPT Community Network
PRESENTER: Kathleen Kingston, NYC Regional Front Door Coordinator, OPWDD

[AM-B.] POSITIVE APPROACHES TO BEHAVIORAL CHALLENGES

Dr. Avi Avigdor and Michael Scott, LMSW will present a variety of positive approaches and counseling interventions that could be applied when supporting someone who is experiencing behavioral challenges. They will also discuss the types of behavior support and counseling services available to parents, caregivers, and staff. This discussion includes services provided by Article 28 clinics, Article 16 clinics, day habilitation and residential programs.

PRESENTERS FROM ADAPT COMMUNITY NETWORK: Avi Avigdor, PhD, Licensed Psychologist and Michael P. Scott, LMSW

[AM-C.] THE WORRY BUG STRIKES AGAIN: STRATEGIES FOR ASD & ANXIETY

Learn about the frequent overlap of Autism Spectrum Disorder (ASD) and anxiety disorders and how traditional cognitive-behavioral therapy can be effectively modified to treat this combination. We will also share strategies for use throughout daily routines to help children cope with anxiety and learn strategies to face their fears.

PRESENTER: Sarah Kern, LCSW, Clinical Assistant Professor of Child and Adolescent Psychiatry, Child Study Center at NYU Langone Medical Center. FUNDED BY: NYC Council's Autism Awareness Initiative.

[AM-D.] FAMILY SUPPORT & COMMUNITY SERVICES: WHAT ARE THEY AND HOW DO YOU GET THEM?

This workshop will provide an overview of Family Support Services, including:

[FAMILY REIMBURSEMENT] | [HOUSING ASSISTANCE SERVICES] | [RECREATION SERVICES]

We will also discuss waiver services like community habilitation, an individualized, goal-orientated program aimed at promoting learning and independence with the support of one-to-one staffing.

PRESENTERS FROM ADAPT COMMUNITY NETWORK: Deidre Davis, Project Connect Coordinator, and Shani Fintoni, Director, Family Support

MID-MORNING SESSION | 10:30 A.M. to 11:30 A.M.

[PLENARY SESSION]

ACHIEVING CONFLICT-FREE CASE MANAGEMENT ACROSS THE NEW YORK STATE OPWDD SERVICE SYSTEM

Join ADAPT Community Network's CEO Edward R. Matthews and panelists in a discussion about Conflict-Free Case Management. The foundation of Conflict-Free Case Management is that an organization should not deliver both case management and waiver services to the same people. This session will discuss the transition to Conflict-Free Case Management.

MODERATOR: Edward R. Matthews, CEO, ADAPT Community Network
PANELISTS: Kate Marlay, Deputy Director, Division of Person-Centered Supports, OPWDD, and Donna Colonna, CEO, Services for the UnderServed (SUS)

AFTERNOON SESSION | 11:45 A.M. to 1:00 P.M. [CHOOSE ONE]

[PM-E.] ENVIRONMENTAL MODIFICATIONS & ASSISTIVE TECHNOLOGY: IMPACT ON INDIVIDUALS AND THEIR CAREGIVERS

Did you know ADAPT Community Network provides environmental modifications and assistive technologies to increase accessibility, safety, the performance of activities of daily living, and independence for individuals with disabilities? These interventions also assist in caregiving and reduce caregiver burden while improving the overall quality of life for the entire family. This workshop will illustrate how home modifications such as ramps, stair lifts, accessible bathrooms, and automatic door openers have impacted individuals and their caregivers on physical, psychological, and social levels and helped them to function at their maximum potential.

PRESENTERS: Dr. Richard V. Olsen, PhD, Matt Parascando, Senior Coordinator of Operations (ADAPT Community Network), and Bobbi Jo Yeager, Vice President of Workforce Development (ADAPT Community Network)

[PM-F.] PUTTING POSITIVE PSYCHOLOGY INTO PRACTICE: CARE FOR THE CAREGIVERS

Dr. Dan Tomasulo will present an inspiring program on the power of positive being. We all want to lead significant lives and to support what is the very best in ourselves. Positive psychology helps to uncover people's strengths and promote positive functioning and a meaningful existence. There are times when caregivers and community members can become overwhelmed and feel isolated. During these times, they may perceive limitations rather than opportunities. Being able to manage these thoughts and feelings while adding more positivity will be central to this presentation. The application of positive psychology is to focus on potentials, not shortcomings. When we feel good, we enhance our experiences of work, love, and play and we enrich the lives of those we care for and care for us. This workshop will leave you with a smile on your face and a new way of looking at your life—and the lives of others.

PRESENTER: Dan Tomasulo, Ph.D., TEP, MFA, MAPP

[PM-G.] WORKING WITH YOUR CHILD'S SCHOOL: ADVOCATING FOR YOUR CHILD AND PARTNERING WITH TEACHERS

Partnerships between parents and school staff are critical to a child's long-term success. This workshop identifies strategies to develop effective classroom accommodations and behavioral plans for attention and behavioral concerns. We also cover helpful behavioral interventions, including Individualized Education Programs (IEPs), Section 504, and Daily Report Cards.

PRESENTER: Christina Di Bartolo, LMSW, Research Coordinator and Clinical Assistant Professor at the NYU Langone Child Study Center. FUNDED BY: NYC Council's Autism Awareness Initiative.

[PM-H.] GOVERNMENT BENEFITS: ARE YOU ELIGIBLE FOR MORE?:

The Center for Independence of the Disabled, NY (CIDNY) will provide information on public benefits, eligibility, and how CIDNY can help you apply. Learn about:

[PUBLIC BENEFITS AND ELIGIBILITY] | [AFFORDABLE HOUSING INFORMATION] | [SSI] | [SNAP AND OTHER BENEFITS]

The SNAP benefits program at CIDNY assists consumers with submitting new applications for food stamps benefits. Also, the program assists consumers with recertification applications and change forms to report updates on the food stamps case. Additionally, the program offers mediation assistance, which consists of referring food stamps cases to contacts at the HRA office for review and correction, when discrepancies between the individuals they serve and the HRA have caused a reduction or cancellation of benefits.

MODERATOR: Karen Liebman, Assistant Director of Medicaid Service Coordination, ADAPT Community Network

PRESENTERS: Homairah Salam, National Council on Aging Coordinator, and Delmy Sabio, Nutrition Outreach and Education Program Coordinator, Center for the Independence of the Disabled, New York

[PM-I.] PARTNERS HEALTH PLAN (PHP)

Join Partners Health Plan (PHP) for an in-depth overview of their plan and the benefits of their person-centered case management program. Learn about the ease of enrollment, what opportunities become available when you are a member of PHP, and how they strive to keep members healthy, happy, and safe!

PRESENTER: Annrose Bacani, MHA, Marketing Representative, Partners Health Plan

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