

**ADAPT COMMUNITY NETWORK'S
COVID-19 Vaccine FAQ**



ADAPT Community Network is committed to providing accurate and up-to-date information regarding the COVID-19 Vaccine. As new information and resources become available, we will continue to provide updates to our community to ensure everyone receives accurate and reliable information.

People Vaccinated	At Least One Dose	Fully Vaccinated
Total	75,495,716	40,981,464
% of Total Population	22.7%	12.3%

Governor Cuomo announced New Yorkers 60 years of age and older and public-facing essential workers, teachers, and nonprofit workers are eligible for the COVID-19 vaccine beginning March 17, 2021.

Q: Should I trust the COVID-19 vaccine?

The COVID-19 vaccine, like other vaccines, works by training our bodies to develop antibodies to fight against the virus that causes COVID-19. The COVID-19 vaccine uses RNA-based platforms to deliver vaccines. Clinical trials for COVID-19 began in mid-March of 2020 and were tested in tens of thousands of participants. COVID-19 vaccines continue to undergo the most intensive safety monitoring in U.S. history.

Q: Will the COVID-19 vaccine change my DNA?

The vaccine does not enter your cells and can not change your DNA.

Q: Does the COVID-19 vaccine contain a microchip that can track you?

There is no microchip in the vaccine. You can't be tracked, and your personal information won't be collected.

Q: Should I take my chances with COVID-19 rather than get a vaccine?

COVID vaccines carry little known risk, but the risk of COVID-19 is serious. Twenty percent of people who come down with COVID-19 symptoms develop serious, potentially life-threatening illness. Although people who are older, obese or have other health problems are at highest risk for complications from COVID-19, younger people can become severely ill, too. The long-term health complications associated with COVID-19 are a serious concern. As many as one in three people who recover from COVID have chronic complaints for months afterward, including exhaustion, a racing heart, blood clots and loss of sense of smell or taste.

Q: Am I eligible to receive the vaccine?

For the most current eligibility status, please visit <https://am-i-eligible.covid19vaccine.health.ny.gov/> to learn more about who is currently eligible to receive the vaccine. This website will continue to update eligibility as time goes on. Please continue to check it to remain up to date on who is eligible to receive the vaccine.

Q: Where can I get the vaccine?

Please visit <https://www1.nyc.gov/site/doh/covid/covid-19-vaccines.page> and enter your address to find locations that are offering the vaccine near you.

Q: Can people with allergies get the COVID-19 vaccine?

Yes, people with allergies can get the vaccine with two exceptions. People with severe allergic reactions (anaphylaxis) to any component of the COVID-19 vaccine should NOT receive the vaccine. In addition, people with a severe allergic reaction (anaphylaxis) to any vaccine or injectable (intramuscular or intravenous) medications should consult with their health provider to assess risk prior to receiving the vaccine. Everyone else with severe allergic reactions to foods, oral medications, latex, pets, insects and environmental triggers may get vaccinated.

Q: Can I get sick from the vaccine? What are the side-effects?

No COVID-19 vaccines or COVID-19 vaccines currently in development in the United States contain the live virus that causes COVID-19. This means that a COVID-19 vaccine cannot make you sick with COVID-19. Common side-effects of the vaccine are pain and swelling in the location you got the shot and fever, chills, tiredness, and headache. They tend to be mild and go away within a couple of days.

Q: If you already had Covid, do you still need to get the vaccine?

The extent to which antibodies that develop in response to COVID-19 infection are protective is still under study. If these antibodies are protective, it's not known what antibody levels are needed to protect against reinfection. Therefore, even those who previously had COVID-19 can and should receive the COVID-19 vaccine.

Q: How many vaccines are there? Is one better than the others?

As of March 2021, there are three vaccines that are authorized and recommended by the CDC to prevent COVID-19: Pfizer-BioNTech, Moderna and Johnson & Johnson/Janssen. All three vaccines are effective in the protection against COVID-19 illness and prevent against death and serious illness. Doctors and scientists recommend you receive any of the vaccines that are available to you to prevent the most severe risks of COVID-19.

Q: Can we still carry the virus and spread it if we are vaccinated?

The CDC says the vaccine is effective at keeping you from getting sick, but scientists are still learning how well it prevents people from spreading the virus. The short answer is there's some evidence that vaccines protect you from not just getting sick but also getting infected and spreading COVID.

Q: Is the vaccine being mandated for individuals to attend Adapt programs? If it is being mandated and it is refused to be taken, can the individual still receive services virtually even after in-person starts again?

The vaccine is not currently mandated, but it is strongly recommended for individuals who receive services at ADAPT as well as staff to get the vaccine for good health and prevention.

Q: What if the individual has medical issues, can he/she still receive the vaccine?

Please consult with your doctor if you have concerns about receiving the vaccine due to specific medical issues.

