# Benefits & Entitlements for Children with Disabilities



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#### Parent to Parent of New York State

is a state-wide, parent-driven, non-profit organization whose mission is to connect and support families of individuals with special needs.

- · Regional offices throughout the state.
- Network of trained volunteer Support Parents
- Additional networking capabilities with parent to parent programs throughout the United States.
- Website and social media platforms
- Funded by NYS Office For People with Developmental Disabilities (OPWDD) and HRSA through MCHB, and other grants.







# **Untangling Benefits**



#### Five main areas of this discussion

- Commonly used benefit programs
- Supplemental Security Income (SSI)
- Health Insurance
- Medicaid waivers for children and related programs
- Additional resources

### **Benefits**

#### MyBenefits.ny.gov www.mybenefits.ny.gov

- TANF (Temporary Assistance for Needy Families)
- SNAP (Supplemental Nutrition Assistance Program)
- WIC (Women, Infants, Children)
- SSI (Supplemental Security Income)
- SSDI (Social Security Disability Insurance)
- Medicaid and other health insurance programs
- HEAP (Home Energy Assistance Program)
- WAP (Weatherization Assistance Program)
   and many more...



#### SSI

Supplemental Security Income (SSI)- is Federal program for adults and children who meet the definition of disabled and have limited income and limited resources.

https://www.ssa.gov/pubs/EN-17-008.pdf

If you are under age 18, SSA may consider you "disabled" if you have a medically determinable physical or mental impairment that:

- Results in marked and severe functional limitations; and
- Can be expected to result in death; or
- Has lasted or can be expected to last for a continuous period of not less than 12 months

#### SSI Income & Resource Limits

For your child to receive SSI, your "earned income" must not be more than \$3,698 (single parent) and \$4,492 (two parents) per month with one disabled child. Or your "unearned income" cannot be more than \$2,025 (single) \$2,422 (two parents) per month with one disabled child.

For your child to receive SSI, their "countable resources" must not be worth more than \$2,000. SSA will deem anything over \$2,000 of a single parent's resources or \$3,000 of a couple's resources as the child's resource.

https://www.ssa.gov/ssi/text-child-ussi.htm

#### Does not count as SSI resource

- the home you live in and the land it is on;
- one vehicle, regardless of value, if you or a member of your household use it for transportation;
- household goods and personal effects
- life insurance policies with a combined face value of \$1,500 or less
- Up to \$100,000 in an ABLE account

https://www.ssa.gov/ssi/text-resources-ussi.htm

## Counted as a SSI resource

- cash;
- bank accounts, stocks, U.S. savings bonds;
- Land that you are not living on;
- life insurance over \$1,500;
- Some personal property;
- Vehicles (one per family is allowable);
- anything else you own which could be changed to cash and used for food or shelter

https://www.ssa.gov/ssi/text-resources-ussi.htm

## Health Insurance Programs

**Medicaid-** There are many programs that encompass the Medicaid program. But Medicaid in it's essence provides health insurance and therefore health services to individuals and families who qualify.

**CHIP (Children's Health Insurance Program)-** Child Health Plus expands health insurance to children who don't qualify for Medicaid.

**NY State of Health-** Medicaid, Child Health Plus, NYS Insurance Marketplace (health and dental plans). Look for an assistor in your community. <a href="https://nystateofhealth.ny.gov/">https://nystateofhealth.ny.gov/</a>

#### **Medicaid Waivers**

**NYS Children's Waiver-** Formerly six different waivers consolidated into one waiver called Children's Home and Community Based Services.

Services are based on assessment and development of a Life Plan.

Those services include: community habilitation, respite, supported employment, adaptive and assistive equipment, caregiver/family supports and services, community recreation, environmental modifications, family peer support service and more

# Medicaid Waivers (Continued)

- Two modalities of service delivery
- Care Coordination- a Care Coordinator manages plan by finding services for child and coordinates those services.
- Self-direction- parent takes on the role as manager, finds staff to work with child (can be friends/family), manages plan with the help of a fiscal intermediary or broker.
- https://www.health.ny.gov/health\_care/medicaid/redesign/b ehavioral\_health/children/1115\_waiver\_amend.htm

## Medicaid Waivers (continued)

Children and Family Treatment Support Services (CFTSS) – Single Point Access for families having mental health and substance abuse issues.

https://www.health.ny.gov/health\_care/medicaid/redesign/behavioral\_health/children/proposed\_spa.htm

Health Insurance Premium Payment Program (HIPP)- available to parents who have private third party (employer based) health insurance but someone in family is eligible for Medicaid or CHIP. Has to be cost-effective for NYS in order for you to receive it.

https://www.medicaid.gov/state-resource-center/mac-learning-collaboratives/downloads/esi-premium-assistance.pdf

#### Additional Resources

Benefits for Children with Disabilities

https://www.ssa.gov/pubs/EN-05-10026.pdf

New York Waiver Fact Sheet

https://www.medicaid.gov/medicaid/section-1115demo/demonstration-and-waiver-list/Waiver-Descript-Factsheet/NY

Children's Home and Community Based Services (HCBS) Brochure
<a href="https://www.health.ny.gov/health-care/medicaid/redesign/behavioral-health/children/docs/hcbs-brochure.pdf">https://www.health.ny.gov/health-care/medicaid/redesign/behavioral-health/children/docs/hcbs-brochure.pdf</a>

Self Direction Brochure

https://opwdd.ny.gov/system/files/documents/2020/03/025\_self\_direction\_342020.pdf

## Thank you for your time!

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